

# GUIDE

GUIDE ON

# BOCCONI SPORT

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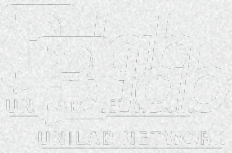
FRESHMEN BOCCONI 25-26

# DISCLAIMER:

**This guide is not an official Bocconi document. Every information you can find here is to help those in need.**

**In order to have precise information we strongly suggest using the official sources like the site or Be in Touch and to contact the representatives elected in the collegial bodies for B.Lab.**





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# 1. BOCCONI SPORT

Bocconi Sport is the official sports association of Bocconi University.

It offers a multi-level sports ecosystem for students, faculty, staff, and alumni — ranging from casual activities to national-level competitions.

It operates within the Bocconi Sport Center, a modern, eco-friendly facility which includes:

- 50 m Olympic pool + 25 m training pool
- Fitness area & elevated running track
- Multipurpose Team Sport Arena

Bocconi Sport offers 5 main levels of participation:

1. Casual play (fun, recreation)
2. Intramural tournaments (students only)
3. University-level friendly competitions
4. National competitions
5. Elite athletes

## 1.1 MEMBERSHIP OPTIONS

### **Student Membership – €27/year**

Includes:

- discounted rates,
- intramural play,
- event access,
- free physiatrist visit (non-agonistic certificate not included)

### **Full Student Membership – €55/year**

Includes:

- all Student Membership benefits,
- medical exam (includes non-agonistic certificate),
- insurance,
- merchandising discounts



## 2. BOCCONI SPORT TEAMS

Bocconi fields a wide range of teams across three participation levels.

To explore team opportunities, check out each team's page on the Bocconi Sport website for:

- Instagram handles
- Contact email addresses

### 2.1 NATIONAL CHAMPIONSHIPS

- Men's Volleyball
- Women's Volleyball
- Men's FIP Basketball
- Women's FIP Basketball
- Male Futsal (FIGC)
- Swimming
- Water Polo
- Sailing
- Esports

### 2.2 UNIVERSITY CHAMPIONSHIPS

- Tennis
- 11-a-side Men's Football (CUS)
- Female Futsal
- Golf
- Rowing

### 2.3 AMATEUR CHAMPIONSHIPS

- Cheerleading
- Lacrosse

### 2.4 SUPPORT PROGRAMS - BOCCONI SPORT ATHLETES

For competitive team members

- Benefits: priority housing, free gym with trainers, discounts, medical & nutrition support, academic reimbursements
- Selection based on both sporting & academic merit



## 3. INTRAMURAL CHAMPIONSHIPS

The Bocconi Intramural Championships are an amazing opportunity to play your favorite sports, promote fair play, and be part of Bocconi's vibrant student community.

These tournaments usually start in November and run throughout the academic year, making great use of the Bocconi Sport Center.

### 3.1 KEY DETAILS

- Participation is free, but you must have a Bocconi Sport Membership to join.
- A valid medical certificate issued in Italy is required to participate.
- Follow the official Instagram page @bocconi\_intramural for the latest updates and info.

### 3.2 SPORTS OFFERED

- Basket 3×3
- Calcio a 5 (5-a-side Football)
- Volley 6×6

### 3.3 WHY JOIN?

- Compete for fun and glory in Bocconi's fantastic sports facilities
- Meet new people and build lasting friendships
- Take part in exciting events, including matches against other universities
- Celebrate the end of the season with a big final event

Follow on Instagram: **@bocconi\_intramural**

Contact via email: **intramural@unibocconi.it**



## 4. FACILITIES & RATES (2025-26)

### 4.1 FITNESS AREA & RUNNING TRACK (VIRGIN ACTIVE)

Includes gym floor, 200+ machines, studios (Cycle, Boxing, Pilates, Yoga, etc.), sauna, hammam, whirlpool, relaxation zones, and 160 m running track.

Student Category	Monthly Rate
Standard Students	77€
ISU relief first-band (I)*	43€
ISU relief second-band (II)**	53€

(All include a 10% Bocconi Sport membership discount)

### 4.2 SWIMMING POOL (ACQUAMORE)

#### Free swim entry

	Single Entry	10-Entry Pack
Standard Students	10.50€	87€
ISU relief I	5.50€	45€
ISU relief II	8€	72€

#### Open monthly (1 month)

	Free swim	Aquafitness	Combo
Standard Students	76€	76€	83€
ISU relief (I e II)	49€	76€	83€

#### Open monthly (12 months)

	Free swim	Aquafitness	Combo
Standard Students	684€	684€	780€
ISU relief (I e II)	432€	684€	780€

\* This refers to first-band and ISU students with 100%, 80% and 60% exemption.

\*\* This refers to second-band students and ISU students with 40% exemption.



### 4.3 TEAM SPORT ARENA COURT RENTALS

Facility	Rate/hour
Half Secondary Court (3v3 / 4v4)	30€
Secondary Court (5-a-side, basketball, volleyball)	50€
Main Court	80€
Bocconi Residence 5-a-side Football Field	35€

### 4.4 MEDICAL & WELLNESS

- Partnership with Isokinetic for sports medicine and rehabilitation
- Weekly on-site medical support at the Sport Center
- Access to diagnostic and rehab services in Milan clinic

# TO KNOW MORE



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